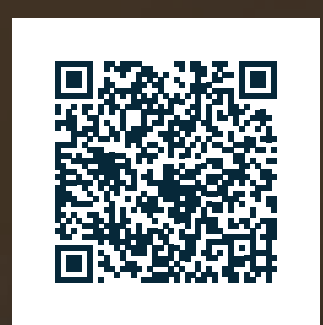


Dine Better

Choose low salt and low fat foods.

For tips on ordering your next heart healthy meal, use the American Heart Association Guide to dine out.



Scan the code with your phone and save it to your favorites.

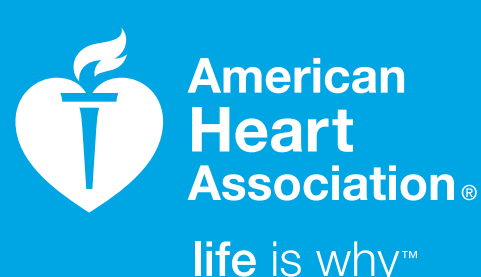
Menu



Healthy Hearts
CALIFORNIA

<http://www.heart.org/diningout>

What should you choose?
CaChampionsForChange.net



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